







Support with Social Inclusion (including Covid-19 support information)



Please note that information can change at any time. Please contact the organisation for further details or search the following websites for more options



cornwall-link.co.uk/



www.supportincornwall.org.uk/

Organisation	Description	Contact Details	Covid 19 Restrictions
	Supporting people with difficulties getting shopping or medical supplies. Telephone befriending Garden Gate visits Support to build confidence to get out and about	https://www.volunteercornwall.org.uk/how-we-help/coronavirus-need-help Contact Volunteer Cornwall on 01872 266988 or email requestforhelp@volunteercornwall.org.uk .	Supporting people with accessing essentials during the Covid 19 crisis. This is being scaled back now but contact for further support if needed.
Concern Wadebridge The Betjeman Centre Wadebridge Hope Initiative	Supporting local people over 50 Hot Meal Meals on Wheels Service (Wadebridge Only), Frozen Food Service, Fresh Meat & Veg Service, General Grocery Service, Prescription Service, Telephone Befriending Service, Transport To Health / Delivery of Medical Equipment, Book / Jigsaw Service ,CD / DVD Service, Telephone Befriending.	http://www.concernwadebridge.org.uk/contact 01208 812392 7 days a week.	Access to main centre is restricted due to Covid but telephone if support needed. Please check with the centre for latest provision

	<p>In order to provide the most appropriate help for the circumstances of your situation we work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies we work with include: Citizens Advice, housing support officers, children’s centres, health visitors, social services and some local charities.</p>	<p>Phone us 01208815374</p> <p>Email us contact@wadebridgefoodbank.org</p> <p>4 Eddystone Road Wadebridge Cornwall PL27 7AL</p> <p>Please go to the green door at the back of the building and ring the door bell for assistance</p>	
 Helpline	<p>For advice on all our services, Volunteering and offering help in your Community, the Helpline number is our one-stop portal.</p>	<p>01872 266383 email@ageukcornwall.org.uk</p> <p>this service is for everyone</p>	
	<p>Offering paid for services including: Home admin Home support services Gardening Services Day Care services Transport Services</p>	<p>https://www.ageuk.org.uk/cornwall/our-services/helpline/</p> <p>or call 01872 266383</p> <p>Various paid for services</p>	
<h2>Village Works</h2>	<p>Village works offer support for people with social inclusion and working towards employment. It is an ESF project hosted by cornwall council covering Bude, Camelford</p>	<p>VILLAGE WORKS - Inclusion Cornwall Refer by calling 01872 326440</p>	

	Delabole, Boscastle and Tintagel. People have to be of working age but unemployed.	Or email hello@inclusioncornwall.co.uk	
Inclusion Matters	Socially isolated 18 plus and needing support to link into the community. Can also offer telephone befriending.	Inclusion Matters - Inclusion Cornwall hello@inclusioncornwall.co.uk Refer by calling 01872 326440	
Step Into Wellness 	Working with anyone over 50, linked to the public health initiative to those who are shielding. To support gaining confidence to link in to peoples local community again.	Email stepintowellness@ageukcornwall.org.uk or telephone 01872 266383.	
Re-Engage	Re-engage exists to support older people who live alone and find it hard to get out in normal times. The Covid-19 crisis is particularly devastating for these people and many are feeling incredibly vulnerable, especially those with few family members or friends to talk to.	https://www.reengage.org.uk/ For people over 75 but will consider other referrals. Referral by professionals online: https://www.reengage.org.uk/refer/	In response to the COVID-19 crisis we suspended these social gatherings and created a new telephone befriending service for older people called call companions.
Digital Inclusion  	The Digital Inclusion Team are all about getting people online and using online services with confidence.	https://www.digitalinclusion.health/cornwall-ios/ digitalinclusion@cornwall.gov.uk	

	Click on the link for a list of support for getting on line.		
 <p>The Silver Line helpline for older people 0800 4 70 80 90</p>	The Silver Line is a free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.	<p>Anytime on:</p> <p>0800 470 80 90</p>	
<p>Empowering Independence</p> 	<p>The Empowering Independence Service will offer short term Community Outreach support, (usually up to 6 months), to people living in Cornwall aged 18 years and over who have physical health needs and/or disabilities and have been identified as potentially benefiting from support to self-manage their health and wellbeing and increase independent living skills.</p> <p>People accessing the service will have Physical health needs and/or disabilities related to one or more of the following primary needs: Physical health needs, including but not limited to physical disabilities, mobility issues, HIV, visual and hearing impairments and other long term conditions</p> <p>Cognitive impairment, including but not limited to dementia</p>	<p>Email: ElCountywideoutreach@homegroup.org.uk</p> <p>Monday to Friday between 9am and 12pm, excluding bank holidays</p> <p>Phone: 07710 709527</p>	Mainly telephone support currently

	<p>Learning disabilities</p> <p>Neurological development disorders, including but not limited to Autistic Spectrum Disorder, Asperger's Syndrome and Pervasive Development Disorder</p>		
	<p>Use BorrowBox to download eBooks to read at any time on your tablet, smartphone, PC or Mac.</p> <p>Use BorrowBox to download eAudiobooks to listen to at any time on your tablet, smartphone, PC or Mac.</p>	<p>https://www.cornwall.gov.uk/leisure-and-culture/libraries/your-library-online/ebooks-eaudiobooks-and-emagazines/borrowbox-ebooks-and-eaudiobooks/</p>	
	<p>Free telephone support to help you use your laptop, tablet or smartphone</p> <p>We can show you how to:</p> <ul style="list-style-type: none"> Use the basic controls of your device Search the web for information and to keep informed Keep in touch with friends and family using email, messaging services or video Stay mentally and physically active using digital resources Manage your money, Stay safe and Shop online 	<p>Monday to Friday 10am-12pm and 1pm-4pm</p> <p>For help with IT related questions, problems or issues</p> <p>Call Us On: 01872 243557 or 01872 243534</p>	